



Minnaar Sedation

Minnaar Sedation (Pty) Ltd
REG NO: 2013/096441/07

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Telephone: 074 767 8325
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Post-operative instructions:

- Please ensure that you arrange for a responsible adult to escort you home after the sedation. Sedation will NOT be given if you arrive without an escort.
- When driving home, allow your child to lie down, either in the front seat with the safety belt on or on the backseat if you feel it is safe to do so. Expect your child to be drowsy and slightly confused after the procedure.
- Do not drive, operate any machinery or do any other activities that require alertness or coordination (e.g. swimming, cycling, etc.) for at least 12 hours following the procedure. No signing of legal documents or use of alcohol for 12 hours after the procedure.
- You will not be able to return to work on the same day as the sedation. You should remain in the company of a responsible adult for 12 hours following the sedation.
- The sedation may produce amnesia (loss of memory). This is temporary and sometimes last for a few hours.
- Once your doctor is happy with your recovery, you will be allowed to go home. In most cases this recovery time is 15 – 30 minutes. You could feel drowsy or light headed for a period after the procedure.
- If you are taking any regular medication, ask your sedationist when you should continue to take them.
- You may drink any fluids (preferably a beverage high in sugar content, e.g. coke, sprite) once you arrive at home. If you feel fine after having clear fluids you may then progress on to solids, usually an hour after the procedure unless contra-indicated by the dentist/doctor (when time needed for local anaesthetic to be reversed). Avoid dairy products that can precipitate nausea. Do not eat or drink if you are nauseous.
- Take oral analgesia/pain medication as advised by your dentist/sedationist.
- You should not experience nausea or vomiting after the sedation; if you do vomit more than once please contact your sedationist.
- Feel free to contact your doctor if you experience any problems after the procedure:
Telephone: 074 767 8325
Email: info@minnaarsedation.co.za

Thank you for your cooperation.